**Welcome to Southland Hospital**

**DR IAN SHAW**  
Clinical Director  
MBchB, FRACP

**DR PAUL TOMLINSON**  
MBchB, MRCP, MD, FRACP

“Welcome to Southland Hospital - a modern, 181-bed hospital situated in Invercargill, New Zealand.

Our Paediatric department is currently seeking two Consultant Paediatricians to support our growing service. This opportunity would suit consultants who are keen to establish and develop their career within a supportive team environment; or more senior consultants who are considering a lifestyle change and a role that is clinically rewarding.

An interest in community paediatrics is welcomed with the opportunity to lead the development of our community paediatric services. Other sub-speciality interests may also be developed, with the support of visiting tertiary specialists and the shared care arrangements we have for Southland tertiary level patients.

Southland Hospital is a fantastic new facility with an excellent layout and a pleasant working environment. The hospital is the ideal size in that you see a wide variety of cases and have access to a good range of diagnostics, yet it is small enough that you can still get to know the staff.

Working a 1:4 roster, you will be supported by a junior doctor team and an excellent, stable paediatric nursing staff. Our play therapist, visiting school teacher and close liaison with the child development service, child and adolescent mental health team and clinical psychology experts, enable us to provide a comprehensive, well integrated service for our patients.

The Children’s Ward is a busy unit and we see a range of interesting cases. Servicing the wider Southland region, we also visit Gore (fly-fishing) and Queenstown (skiing, wineries, stunning scenery) to provide outpatient clinics, which enable a break away from the hospital and the opportunity to tie in a weekend break.

Our nurse-led Outreach Service is excellent and we are fortunate to have such passionate and skilled nursing staff to lead this important service.

Southland offers superb opportunities for a lifestyle change with skiing, tramping (hiking), fishing, hunting, and stunning natural, unspoilt scenery right on your doorstep.

Families are able to settle quickly into this community with the support of excellent schools and the wider hospital staff taking care to welcome and involve you in the community.

We invite you to contact us to find out more about this great opportunity for two Paediatric Consultants to join our small, yet passionate team.”

**Contact us with your questions**

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Southland Hospital
Paediatrics Department

Southland Hospital is a brand new 181-bed secondary level base hospital, which opened in November 2004, in Invercargill City, New Zealand - servicing a population of approximately 108,000.

The Paediatric Service is based from within the modern Children’s Ward in Southland Hospital, and provides a comprehensive care service from birth to 16 years, and sometimes beyond. The service is seeking to expand its consultant team to a total of 4 Paediatricians, supported by the Registrar and Senior House Officer team, nursing team, play therapist, visiting school teacher, allied and support staff. The service prides itself on the way its multi-disciplinary team works together in partnership with children and families.

With around 750 new patients per annum, referrals to the paediatric service are accepted from general practitioners, rural nurse specialists, emergency department and other services within the hospital. Outpatient services are provided not only within Invercargill, but also in Queenstown at Lakes District Hospital (2 hour drive away) and Gore Hospital (45 minute drive).

The Children’s Ward is a family focused facility and includes a 4 bed assessment unit, 13 bed children’s ward, 3 negative pressure rooms, and treatment room. Outpatient rooms, a family lounge, central staff station and a colourful play room are also located within this functional unit.

The neo-natal unit is a level-2, five bed unit which provides care for babies over 30 weeks gestation and over 1000gms. Most transfers to tertiary centres occur because of fetal considerations, not maternal. There are around 1400 births per year in the Southland region – with 1,100 births at Southland Hospital.

Paediatricians’ offices are located at the front of the unit, and a dedicated teaching room with modern video-conferencing and access to digital radiology computers, facilitates liaison with tertiary specialist paediatric services at Auckland’s Starship Hospital and teaching of students.

There is good liaison and collegiality with other departments throughout the hospital, where a relaxed and informal approach ensures easy access to clinical leaders and management.

The new hospital has a PACS digital radiology system (which is also live at Lakes District Hospital in Queenstown); and a recently installed iSOFT patient administration system.
Radiology services are co-located to the Children’s Ward and provide MRI, CT, Ultrasound and Nuclear Medicine investigations. An on-site laboratory together with full back up service as well as access to echo-cardiology and other medical diagnostic testings within the hospital, complement the investigations available for the paediatric service.

Southland Hospital is a teaching hospital supporting the University of Otago’s Dunedin School of Medicine. Our Paediatricians are clinical lecturers for the Dunedin School of Medicine and teach 5th and 6th year medical students and there is a regular teaching commitment for Paediatricians. Junior house officers have the opportunity to undergo post-graduate training in paediatrics towards a diploma in Child Health (or equivalent) or further specialty training towards Fellowship of the Royal Australasian College of Physicians. Dr Paul Tomlinson has been an examiner for the College since 1998.

There are a variety of education opportunities within the hospital ranging from grand rounds to journal clubs and all staff have access to an on-site 24-hours health science library, on-line journal collection and the support of an experienced health science librarian.

Paediatric nursing staff are very experienced and proactive, with a strong focus on professional development in interest areas such as oncology, diabetes, respiratory, and cystic fibrosis.

The Paediatric service also runs an effective Outreach and Outpatient Service, led by the paediatric outreach nurses. This service provides support for high needs patients, such as high-end cardiac patients, haemophiliacs, oncology and cystic fibrosis patients. Our Outreach Nurses come to know these patients and their families well and quickly become the families’ first point of reference for when their child’s condition changes and they require consultation. The Outreach service also deals with children who have less acute problems and are involved in taking bloods and IV lines, etc.

Good liaison and support is also provided by the Allied Health services team, whose facilities include a fabulous in-ground hydrotherapy pool with disability access accessories, child development room and gymnasium – all located together and on the same floor as the Children’s Ward.

A recent SDHB Child and Youth Health review, undertaken by international consultant Dr Sue Jenkins, has seen the development of a comprehensive Child and Youth Health strategy for our Southland region that encompasses the wider network of health, education and social providers to this population group. The strategy sets out a number of positive initiatives and goals to further develop networks and collaboration amongst agencies to support the health and wellbeing of our region’s children. The strategy is posted on our website www.sdhb.govt.nz.

**Dr Paul Tomlinson**  
MBchB, MRCP MD, FRACP  
Paul sits on the Government’s Pharmacy Therapeutic Advisory Committee (PTAC). He is a member of the Paediatric Society of NZ and an Examiner for the Royal Australasian College of Physicians. Paul’s interests are in paediatric nephrology and endocrinology.

**Dr Ian Shaw**  
Clinical Director, MBchB, FRACP  
Ian is an APLS Instructor and sits on the PTAC’s Respiratory and Pulmozyne Sub-Committees. He is a member of the Paediatric Society of NZ and Paediatric Clinical Director for Southland Hospital. Ian’s interests are in respiratory and oncology medicine.
Southland Lifestyle

Southland offers a fantastic lifestyle with a low cost of living, excellent schools and a range of outdoors activities right on your doorstep.

Southland District Health Board’s affordable staff holiday homes in Queenstown, Te Anau and Arrowtown make it easy to get away for weekends with family and friends to explore the region.

Invercargill City is a modern city with facilities including a brand new indoor velodrome and sporting complex; the Splash Palace swimming centre; central Queens Park, Oreti Beach, golf courses, cafes, restaurants and shops to keep you entertained. Arts and cultural interests are also well catered for with the newly refurbished Civic Theatre hosting musicals and productions, museum, art galleries, a film society, chamber music society, and the popular Shakespeare in the Park annual performance in the Queen’s Park gardens.

This combined with excellent schools; free tertiary education at the Southern Institute of Technology; cheap house prices and short commute times in a friendly, safe community, makes Invercargill the place where you really can enjoy the good life.

Rural Southland’s lush, green landscape is at the heart of the region’s strong agricultural economy, whilst Bluff Port and the nearby Aluminium Smelter are also considered as two of the region’s key industries. Fly-fishing enthusiasts in search of brown trout are well catered for; surfers enjoy the waves along the natural beauty of the rugged coastline of Colac Bay; whilst trampers and nature lovers have easy access to scenic walking tracks, including those on Stewart Island and in stunning Fiordland and the Catlins.

Queenstown is situated at the foot of the Remarkables Mountains where the majestic Lake Wakatipu sparkles. Known as the adventure capital of New Zealand with its Bungy Jumping, snowboarding and white water rafting pursuits, Queenstown is also home to fantastic wineries, stunning scenery, and a vibrant resort town atmosphere, especially during tourist peak times.

“Living on a 1 acre lifestyle property just 8 minutes drive from the city centre, my family enjoy a semi-rural lifestyle with plenty of space for the children, yet we are able to get to the hospital and city amenities so quickly.

In just a two hour drive, we can be in Queenstown for winter skiing at any of the 3 ski fields in the area, or take a 15min flight over to Stewart Island and spend the weekend tramping in one of NZ’s most peaceful national parks.”

– Dr Ian Shaw, Paediatrician