

Dear General Practitioners,

Introduction to Insulin

Classes for commencing/introducing people to insulin therapy as an outpatient have been scheduled for 2010. Please register your patients with the diabetes service Phone 2181949 Extn 8542 or 8448

Liz Kelly and Donna Madden (Diabetes Clinical Nurse Specialists) appreciate referrals which contain current medications and recent blood results especially HbA1c.

Your patients would also benefit from putting a profile of blood tests together over the previous week. Testing both pre and 2 hrs post meals (not all of the tests every day but rotating around the 3 main meals).

Invercargill

At the PHO 40 Clyde Street, Invercargill

Friday	29 th January	0930-1200hrs
Thursday	11 th March	0930-1200hrs
Thursday	20 th May	0930-1200hrs
Friday	16 th July	0930-1200hrs
Wednesday	15 th September	1330-1600hrs
Monday	29 th November	1330-1600hrs

Gore

In Gore hospital seminar room

Friday	19 th February	1000 –1230 hours
Tuesday	4 th May	1000-1230
Wednesday	25 th August	1000-1239
Friday	19 th November	1000-1230

Laboratory

Alistair Calvert and Craig Rodgers are very happy to take your calls or emails if you have any questions or worries about things related to the laboratory. alistair.calvert@sdhb.govt.nz or craig.rodgers@sdhb.govt.nz

The surgical division has some areas of real strength at the moment and some areas where waiting lists are longer.

Ostetrics and Gynaecology is short staffed at the moment. Thanks for your help in discussing this with patients and not flooding the service. The hospital team is working hard to manage the waiting list so you have probably noticed an increase in letters returned with comments of how you can help in the meantime. Some will be returned with a full care plan.

Estimated Waiting times for a First Specialist Assessment – November 2009

Speciality	Priority	Estimated Wait
Audiology	All referrals	2-3 months
Cardiology	Urgent	6-8 weeks
	Semi-urgent	8-12 weeks
	Routine	5-6 months
Dental	Adult routine	6-12 months
	Child Routine	2-3 months
Dermatology	Urgent	4-8 weeks
	S-urgent	3-4 months
	Routine	6-8 months
Diabetes	Urgent	1 month
	Routine	9 months
Endocrinology	Routine	6 months
ENT	Urgent	2-4 weeks
	S-urgent	6 months
	Routine	12 months
Gastroenterology Medical OP	Urgent	2-4 weeks
	Semiurgent	3 months
	Routine	4-5 months
Gastroscopy	A	3-4 weeks
	A/B	6-8 weeks
	B and C	6 and 9 months
Colonoscopy	A	3-4 weeks
	A/B	4-6 weeks
	B	3-4 months
	C	6 months
General Medicine		Within one month
Gynaecology	urgent	6-8 weeks
	S-urgent	4-6 months
	Routine	8-10 months
Neurology	Urgent	1-2 weeks
	S-urgent	2-6 weeks
	Routine	4-6 months

Speciality	Priority	Estimated Wait
Maxillofacial surgery	All referrals	No waiting list
Neurosurgery	Urgent	Within 1 month
	S-urgent	Within 1 month
	Routine	6 months
Ophthalmology	Urgent	1-2 weeks
	Semi-urgent	2-6 months
	S-urgent cataract	1-3 months
	Routine cataract	3-4 months
Orthopaedics	Urgent	0-3 months
	S-urgent	3-6 months
	Routine	12 months
Renal Medicine	Urgent	2-4 weeks
	S-urgent	2-3 months
	Routine	4-6 months
Paediatric surgery	Routine	3 months
Paediatrics Medical	Routine In'gill	6 months
	Gore	5 months
	Queenstown	7 months
Respiratory	Urgent	< 2 weeks
	Semi-urgent	2-8 weeks
	Routine	4-6 months
Rheumatology	Urgent	1-2 months
	Semi urgent	3-4 months
	Routine	4-6 months
Surgical Services	Urgent	Within 1 month
	S-urgent	2-3 months
	Routine	4-6 months
Urology	Urgent	1-3 weeks
	S-urgent	6-8 weeks
	Routine	3 months
Minor surgery	Urgent	4 weeks
	Semi-urgent	4-6 weeks
	Routine	3-4 months
AT and R	Urgent	< 4 weeks
	S-urgent	2-3 months
	Routine	< 6 months

Mental Health		
SMHET Invercargill Community Mental Health Team (ICMHT)		Same day triage Within two weeks
Rhanna		Contact made same day
CAFS		Urgent < 24hours Routine 1 month

Oncology		
Haematology	Semi-urgent	20 days approx
Oncology	Semi-urgent	24 days approx
Radiotherapy	Semi-urgent	20 days approx

Medical Imaging Waiting Times		
MRI	Urgent	Same day
	Semi-urgent	2-3 weeks
	ACC	15 working days
	Private	15 working days
	Routine	6 weeks
CT	Semi-urgent	1 weeks
	ACC	Within 10 days
	Private patients	Within 10 days
	Routine OP	6-7 weeks
Ultrasound	24-26 weeks	
Mammography	Recall patients	8 weeks
	Urgent	1-3 weeks
Nuclear Medicine	Urgent	2 week
	Semi-urgent	4 weeks
	ACC and Private	10 & 15 days
	Routine	4 weeks
	Cardiac scans	4 months
X-ray appointments	X-ray	8 weeks
	Urgent	please phone MRTs ext 8459
IVU	4-6 weeks	
Ba. F Thru / Ba Enemas	4-6 weeks	

Diagnostic testing		
ECGs, spirometry, arterial brachial indices, Ambulatory BPs	urgent	1 week
	semi urgent	2 weeks
	routine	4 weeks
Holters	urgent,	2-3 weeks
	semi-urgent	3-6 weeks
	routine	6-8 weeks
Echocardiograms	4-6 weeks (ref via Cardiology)	
Sleep studies:	3 months (ref via Respiratory)	
Nerve conduction studies	Refer to Peter Taylor at Windsor Specialist Centre and clearly mark whether private, public or ACC. 3 months	