

Growing adult mental health community-based rehabilitation services project

Quick info sheet

Why are we doing this?

In alignment with national direction, the Southern District Health Board is committed to improving mental health and wellbeing, physical health and social inclusion, as well as supporting people to influence their own health care. We are also committed to ensuring people are supported in the home and community of their choice.

What is the project?

- Developing and implementing a strengthened model for community-based rehabilitation services with a focus on supporting people in the community with high/complex and long term mental health needs.
- We will do this by:
 - Identifying any gaps in current rehabilitation service model
 - Identifying opportunities for improvement
 - Identifying the rehabilitation needs of current people with high/complex and long term mental health needs
 - Working with the sector across the wider Southern District to develop a proposed model that sees our people:
 - receiving high quality care and treatment in the least restrictive environment possible, as close to home as possible, and in some cases, within the home
 - fully participating in society.

We are aiming for signoff of the proposed model, by the end of August 2015. Implementation will form part of a separate and subsequent project, and will take place during 2015-2016.

Who does this project affect?

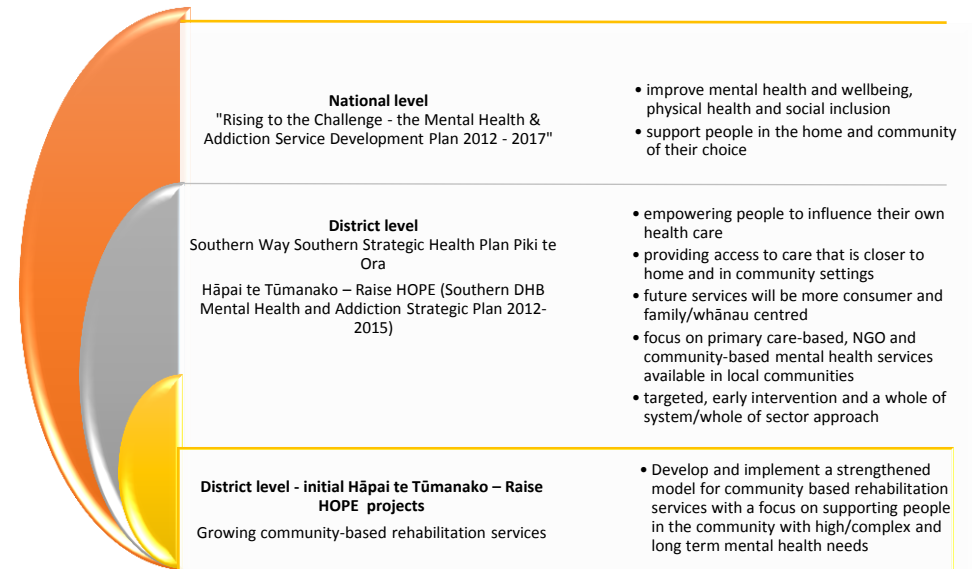
- Adults in our community with high/complex and long term mental health needs who need ongoing rehabilitation
- Family/whānau of the above
- Organisations and staff that support these people.

How can I contribute?

- We will hold small discussion groups across the Southern District during June, to find out:
 - What is working well, or not working well with processes, services and technology that support people with high/complex or long term mental health rehabilitation needs
 - Opportunities for improvement
 - The district's vision for an ideal model

Based on the feedback collected, a group representing the wider community (consumer representatives, providers and family/whānau) will develop a proposed model that best fits our current and future needs. This model will be presented back to the wider Hāpai te Tūmanako – Raise HOPE mental health District Network Leadership Group before obtaining signoff in August 2015.

The diagram below shows the national and local drivers:



Where can I go for more information?

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- web: www.southerndhb.govt.nz – mental health and addictions info area
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Hāpai te Tūmanako – Raise HOPE