

# An Holistic Approach to Health and Social Support Needs

**12 August 2015**

*Better Health, Better Lives, Whānau Ora*

## INTRODUCTIONS

- Who are we and why are we here?

## PURPOSE OF THIS MEETING

- How will we know if it's been successful?



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## Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health and Addictions Strategic Plan

### **Outcome Focussed:**

- More people will have good physical health
- More people will experience recovery
- The health and wellbeing of the community is improved
- Family/whānau are better enabled to support themselves and their family/whānau
- Fewer people will be affected by the misuse of alcohol and drugs



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## To achieve these outcomes we need to:

- Do more than change mental health services
- Collaborate more widely than the health sector
- Work with service users and their families/whānau

## Today's presentations therefore focus on both:

- Hāpai te Tūmanako - Raise Hope
- Piki te Ora - Southern Strategic Health Plan



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