



Hāpai te Tūmanako

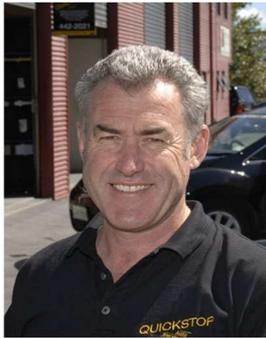
Raise HOPE

ISSUE 10 - February 2016

Southern DHB Mental Health & Addictions

A regular update from Southern DHB Planning & Funding Team regarding the implementation of Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health & Addiction Strategic Plan

Stewart Island - Dunedin - Te Anau - Oamaru - Queenstown - Invercargill - Cromwell - Winton - Balclutha



A word from the Chair

Happy New Year to you all, it was a year ago that I signed on as Independent Chair for Raise HOPE, what a year it has been, our first meeting as the NLG was on 28th January 2015. I have since had the pleasure of meeting many great and passionate people in the Mental Health and Addictions sector, very caring people, all trying to make a positive

difference. I have also come to realise the scale of the job of implementing Raise HOPE and one of the biggest challenges is to unite and integrate the whole sector to work as one integrated connected sector.

It has been a year of change within the DHB, the release of the Strategic Plan signaled changes in the way the DHB would develop new systems and models of care using Alliance's, then we had the appointment of Commissioners and uncertainty while they got their feet under the table. We have also seen changes in our passionate support team at Planning and Funding with Kelly and Michelle both moving on to other roles, thanks for your great support.

Change never stops and 2016 is going to see some more changes in the way the Network Leadership Group operates. We have been asked to move our structure under the now established Alliance South structure like the rest of the DHB. An important part of any change in the way we deliver health services has to be the integration of Primary and Secondary services, Alliance South is a partnership between Southern DHB, Well South PHO and others. I look forward to having more involvement from our primary sector WellSouth through Alliance South as we progress the implementation of Raise HOPE.

Project Update: Workforce Development Plan

The Raise HOPE Workforce Development working group met in January and is currently developing the third and final draft of the plan. It will be tabled at the NLG meeting on 24 February before it goes to the project sponsor for sign-off. Following this will be a period of consultation with the wider mental health and addictions and primary and community sector and stakeholders.

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Project Update: Stepped Care Model

At our last Stepped Care Working Group meeting in December we agreed that the Stepped Care Model is ready to go to the full NLG, the locality Networks and wider sector. Project Sponsor Sandra Boardman has reviewed the document and provided feedback and recommendations which have been incorporated.

The Working Group decided in conjunction with Planning and Funding to hold one or more Rapid Improvement Process Events in March/April with a wider group to flesh out key recommendations and implementation actions with the help of an independent facilitator. We are currently in the process of appointing a facilitator for this role.

In the meantime please take the time to have a look at the Stepped Care Model which I am attaching to this newsletter to give stakeholders a chance to digest it. I will be attending the four regional locality Network meetings during the next six weeks and will be happy to get feedback and provide an update and explain what is happening next in the process.

Project Update: Growing community-based adult mental health rehabilitation services

The first stage of the 'Growing community-based rehabilitation options' project is now coming to a close, with the development of an ideal model to support people with high/complex and long term mental health needs across the district in its very final stages. A draft was distributed to the Network Leadership Group early in December and the fundamental philosophies of a person-centred, integrated and comprehensive rehabilitation service remain as highlighted last year.

Minor work is required on the draft model, and this will occur over the next fortnight – at which time the business case for change will also be complete. Next steps will include obtaining Sponsor/Commissioner sign-off to move to phase two which is the formal consultation process which will occur with affected providers as per appropriate processes. Once that is complete and the final model is signed off, the project will move to phase three (transition).

You can find all of the previous newsletters, minutes of the Network Leadership Group (NLG) and project information on the Southern District Health Board website:

<http://www.southerndhb.govt.nz/pages/raisehope/>

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