



Hāpai te Tūmanako

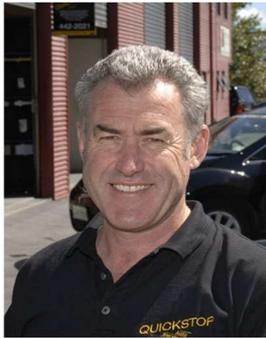
Raise HOPE

ISSUE 12 - May 2016

Alliance South - Mental Health & Addictions

A regular update from the Alliance South Mental Health & Addictions SLAT regarding the implementation of Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health & Addiction Strategic Plan

Stewart Island - Dunedin - Te Anau - Oamaru - Queenstown - Invercargill - Cromwell - Winton - Balclutha



A word from the Chair

Another busy month has passed. Over the last few weeks we have been working with the team at Splice Consulting who have been engaged to develop our Stepped Care Implementation Plan. Splice Consulting have held a series of forums across the district with our geographic networks and a range of other stake holders. They have also used an online survey to gather

information from a wider group.

On April 28 the Network Leadership Group (NLG) hosted a Rapid Improvement Event (RIE) in Dunedin. The purpose of the RIE was to identify gaps in services and capability which would need to be addressed in the implementation of a new Stepped Care model. We had an excellent turnout from across the sector and there was a great energy in the room. I challenged the attendees to leave their skepticism and cynicism at the door and to be bold and creative, to imagine what a person focused user experience would be like for everyone and to imagine a model and system that would work together to support and empower people on their wellness journey.

All of this activity working with the sector has been focused on gathering the kind of information needed for co-creation of a draft stepped care implementation action plan. A full transcript of all the notes and outputs from the RIE is now available on the Raise HOPE web page (link at the bottom of this newsletter). Splice are currently utilising the outputs, along with all the information and feedback so far to develop a draft Implementation Plan for consideration by the NLG.

The timelines for preparation of the draft Stepped Care Implementation Plan are:

Wednesday 18 May	1st Draft Implementation Plan to Raise HOPE Project Team
Tuesday 24 & Wednesday 25 May	1st Draft Implementation Plan review meetings (Dunedin)
Monday 30 May	1st Final draft Implementation Plan to Raise HOPE Project Team
Wednesday 1 June	1st Final draft Implementation Plan to NLG members
Wednesday 8 June	Stepped Care Implementation Plan presentation to the NLG
Thursday 16 June	Final Stepped Care Implementation Plan with any amendments received

In this issue...

- ✓ Update from the Chair
 - Raise HOPE: Stepped Care Model & Implementation Plan
- ✓ NZ Health Strategy 2016
- ✓ Lindsay Creek Service Review
- ✓ Contacts

New Zealand Health Strategy 2016

Last month saw the release of the updated national health strategy from the Ministry of Health. The New Zealand Health Strategy 2016 has 5 key themes which align well with Hāpai te Tūmanako - Raise HOPE our Southern DHB Strategic Plan for Mental Health and Addictions. The 5 themes are

1. **People Power;** in Hāpai te Tūmanako - Raise HOPE we want people and their families and whānau to be at the centre of all we do.
2. **Closer to Home;** in Hāpai te Tūmanako - Raise HOPE we want services closer to home and in the communities in which our people live.
3. **Value and High Performance;** in Hāpai te Tūmanako Raise HOPE we aim to be outcomes focused, valuing peoples experience and making better use of our resources.
4. **One Team;** in Hāpai te Tūmanako - Raise HOPE we are need to become one integrated whole system and sector working together.
5. **Smart System;** Hāpai te Tūmanako - Raise HOPE - specifies technology as a key enabler to service provision, across our large geographical area.

If you would like to see more detail you can read the New Zealand Health Strategy and Road Map to Actions 2016 on the following link <http://www.health.govt.nz/publication/new-zealand-health-strategy-2016>

Lindsay Creek Review

The Lindsay Creek Service is a community based residential rehabilitation service located in Dunedin. The service is jointly delivered by Pact and Southern District Health Board (SDHB) for up to 10 people who have been assessed as having high and complex Mental Health needs. Pact provides the Housing and Recovery supported accommodation components including accommodation, meals, office space, and some support staff and Southern DHB Mental Health, Addictions and Intellectual Disability (MHAID) Directorate provides the Registered Nurse, Enrolled Nurse and the mental health assistant component which makes up the "Packages of Care".

As part of a planned contractual process an evaluation was undertaken in December 2015 by an independent expert. A final report was provided in February 2016. The purpose of this evaluation was to review the service model delivered by the Lindsay Creek Services, evaluate the outcomes achieved and identify any future service development or improvement opportunities.

The evaluation found that overall, service users did benefit from the care, support and treatment provided by Lindsay Creek Services. The evaluation made eight recommendations. A revised service model based on the recommendations of the evaluation is being developed by a joint project working group which is scheduled to be completed by 30 June 2016. The working group has representation from Southern DHB, Pact, Consumer, Māori and Family.

The full Evaluation of Lindsay Creek Service document is now available on the Raise HOPE web page.

Contact the Team

John MacDonald

(Based in Queenstown)

NLG Chair

Phone: 027 435 6092

john@tourismmacs.com

Richard Harris

(Based in Invercargill)

Support Manager - Alliance South

Phone: 03 214 5786

Richard.Harris@southerndhb.govt.nz

Judy Walker

(Based in Dunedin)

Portfolio Manager, Mental Health and

Addictions - Planning and Funding

Phone: 03 476 9771

Judy.Walker@southerndhb.govt.nz

You can find all of the previous newsletters, minutes of the Network Leadership Group (NLG) and project information on the Southern District Health Board website:

<http://www.southerndhb.govt.nz/pages/raisehope/>