



Hāpai te Tūmanako

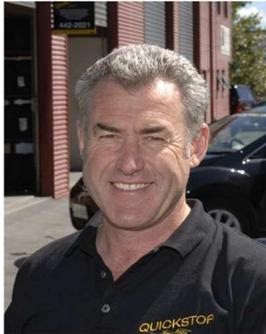
Raise HOPE

ISSUE 11 - April 2016

Alliance South - Mental Health & Addictions Network

A regular update from the Alliance South Mental Health & Addictions Network Leadership Group regarding the implementation of Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health & Addiction Strategic Plan

Stewart Island - Dunedin - Te Anau - Oamaru - Queenstown - Invercargill - Cromwell - Winton - Balclutha



A word from the Chair

It has been a busy time since the last meeting of the Network Leadership Group a month ago.

Raise HOPE Stepped Care Model

With our last newsletter we distributed the new Stepped Care model and asked for feedback. If you still want to give feedback on this can you please email that to Southern DHB

Planning and Funding Project Manager Richard Harris on richard.harris@southerndhb.govt.nz before the 8th of April.

We have now appointed Splice Consulting to facilitate the Raise HOPE Stepped Care Rapid Improvement Event and to complete the Implementation Plan. This important event will be taking place on Thursday the 28th of April and a diverse representation from the sector has been invited to attend this event.

As part of the Rapid Improvement Event process we are preparing an online survey which Splice will be sending out very soon. They will follow this up with a series of focus groups with the four geographic networks, consumer and family/whānau groups and senior clinicians and GPs. The dates and times of these are now being finalised, please encourage anyone who should be involved in these to participate.

Raise HOPE now operating as part of Alliance South



We are now in the final stages of moving the Raise HOPE - Network Leadership Group to operate under the Alliance South structure. Last week I and a few of our members, attended the Alliance South Forum in Dunedin where I presented a brief outline of what the NLG has and will be doing. This was a great opportunity to hear what the other Service Level Alliance Teams (SLATs) had been working on, it was clear there is considerable scope for us to work more closely with some of the other SLATs as there are areas of crossover. Here are some thoughts from some of the NLG members who attended;

Dr Brad Strong, Medical Director, Southern DHB Mental Health, Addiction & ID Services said "the meeting brought together leaders from across the entire spectrum of providers in our Southern system of care to report on our work and to plan for our work in 2016. There was an exciting atmosphere of anticipation as we considered what was next for our system and what we can achieve...together.

It was clear that our NLG has much to contribute to the effectiveness of other groups and there were several important teams that we will need to work closely with to get done all we need to do in mental health. As John detailed for others our work to date, it was clear how much important progress we've made - and how much more we have to do. I left feeling certain that the Southern Alliance is exactly where the NLG needs to be to take the next important steps towards Raise HOPE implementation."

In this issue...

- ✓ Update from the Chair
 - Raise HOPE: Stepped Care Model
 - Raise HOPE & Alliance South
- ✓ Contacts

Louise Travers, General Manager, Southern DHB Mental Health, Addiction and ID Services added “when I think about the forum – it felt like things (the Alliance) fell into place for me in terms of thinking in a whole of system way, presenting the alliance SLATs all together – I was struck by the similarities and challenges we all face and particularly how important it will be going forward to look outside of our own Raise HOPE SLAT to learn, to connect and to most of all achieve the best outcomes we can for our people.”

And Sandy Dawson, Able Southland Manager said, “I was very impressed with the wide range of SLATS being presented, addressing various issues related to the health needs across our Region. i.e. Rural Health, Older Persons Health & Long-Term Conditions just to name a few. It was reassuring to hear the feedback from the various breakout groups, that collectively we had identified some important priorities of ‘where to from here’ and where we should focus our attention on for 2016”.

It was great to see such a strong representation at the Forum, all four Commissioners were present as were all the senior people from the DHB and PHO. There is clearly strong and active support for the work of Alliance South and it was great to see the PHO so engaged and we look forward to their active involvement in our work.

We are sad to be losing two of our active NLG members, Dunedin Network Chair, Janice Clayton is retiring from her role at Ashburn Clinic to enjoy her retirement and our Central-Lakes Network Chair, Ilona Weekly has resigned her Queenstown based role to move to Dunedin for a new role. Many thanks for your positive contributions to our sector and we wish you both, all the best in the future.

You can find all of the previous newsletters, minutes of the Network Leadership Group (NLG) and project information on the Southern District Health Board website:

<http://www.southerndhb.govt.nz/pages/raisehope/>

Contact the Team

John MacDonald
(Based in Queenstown)
NLG Chair
Phone: 027 435 6092
john@tourismmacs.com

Richard Harris
(Based in Invercargill)
Support Manager - Alliance South
Phone: 03 214 5786
richard.harris@southerndhb.govt.nz

Judy Walker
(Based in Dunedin)
Portfolio Manager/Mental Health and Addictions/Planning and Funding
Phone: 03 476 9771
judy.walker@southerndhb.govt.nz

Bridget-Mary McGown
(Based in Invercargill)
Alliance South Manager
Phone: (03) 214 7211
bridget.mcgown@southerndhb.govt.nz