



Hāpai te Tūmanako

Raise HOPE

ISSUE 13 - August 2016

Alliance South - Mental Health & Addictions Network

A regular update from the Alliance South Mental Health & Addictions Network regarding the implementation of Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health & Addiction Strategic Plan

Stewart Island - Dunedin - Te Anau - Oamaru - Queenstown - Invercargill - Cromwell - Winton - Balclutha



A word from the Chair

Last week the Alliance South, Mental Health and Addictions Network had the first of our new monthly, shorter meetings using the video conferencing technology - saving time and travel for the Network. I felt that it worked well despite some initial hiccups getting everyone connected.

In this issue...

- ✓ Update from the Chair
- ✓ Stepped Care Model & Implementation Plan
- ✓ Workforce Development Plan
- ✓ Contacts

The last few months has been very challenging and I am sure that many of you have been wondering what has happened to us. I can assure you we are still working hard and making progress, yes it has been a very frustrating few months. However at last week's meeting we decided to advance some specific projects over the next few months.

Implementing the Hāpai te Tūmanako Raise HOPE Strategic Plan is a huge undertaking and implementing the Stepped Care Model is the biggest part of this. Because of the sheer size of this we have decided to break the implementation down into some bite sized projects. This approach will have the benefit of accelerating implementation of the model in smaller defined geographical areas and in some cases with specific user groups (e.g. child and youth). The Network will be working with these communities in the next month to identify who should be involved in each project.

Our four locality networks are now well established and we will be asking them to help us as we compile a database of Mental Health and Addiction services provided in the Southern District. An important part of the Stepped Care Model is ensuring that up-to-date information about services is available in specific areas both for the wider sector and for consumers, their friends and whanau. Supporting this is a proposal to develop a new branded website for the District connected to a national health information provider.

Stepped Care Implementation

As I've already highlighted, we plan to implement the Stepped Care Model on a number of fronts. We're still working with Splice Consulting to finalise the details of the Implementation Plan and in the meantime have begun the necessary step of completing the Business Case. This will provide the detail we need to accurately plan, model and identify the services, systems and resources required to successfully implement the model. Our timeframes for this are tight and we plan to have it in front of the Alliance Leadership Team for their sign-off by the end of September.

Workforce Development Plan

Over the past year we have had a sub group working on a Mental Health and Addictions Workforce Development Plan This was adopted at our July meeting and has now gone back to the Project Sponsor for approval.

You can find all of the previous newsletters, and minutes of the Mental Health and Addictions Network and project information on the Southern District Health Board website:

<http://www.southerndhb.govt.nz/pages/raisehope/>

Contact the Team

John MacDonald

(Based in Queenstown)

Network Chair

Phone: 027 435 6092

john@tourismmacs.com

Richard Harris

(Based in Invercargill)

Support Manager - Alliance South

Phone: 03 214 5786

Richard.Harris@southerndhb.govt.nz

Judy Walker

(Based in Dunedin)

Portfolio Manager, Mental Health and Addictions - Planning and Funding

Phone: 03 476 9771

Judy.Walker@southerndhb.govt.nz