



**Hāpai te Tūmanako**

# Raise HOPE



**ISSUE 15 - December 2016**

**Alliance South - Mental Health & Addiction Network**

**A regular update from the Alliance South Mental Health & Addiction Network regarding the implementation of Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health & Addiction Strategic Plan**

Stewart Island - Dunedin - Te Anau - Oamaru - Queenstown - Invercargill - Cromwell - Winton - Balclutha



## A word from the Chair

Where did that year go? It is hard to believe that we are in mid-December already and 2017 is a matter of weeks away.

I am delighted to be able to say that despite considerable challenges thrown at us in 2016 we have this

month been given sign off and have started a staged implementation of our Stepped Care Model.

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### Locality-based Stepped Care Model Design and Implementation Groups

We have chosen to start this financial year with two smaller locality based implementation sites. One in the Clutha District covering all mental health and addiction services, and a second site in the Southland District covering all Child Youth and Family Mental Health and Addiction services.

We have had initial meetings, called for expressions of interest and formed small Design Groups to redesign services to fit with our Stepped Care Model in these areas. These groups will be working hard in early 2017 to put recommendations in front of the Network at the end of March.

### Stepped Care Action Plan 2016-2020

The Action Plan will be released in January 2017 and it details the process we are planning for the next 3 to 4 years. This is a great document that has taken a huge effort by the team to get to this stage. The Action Plan is a living document to guide our implementation process, time frames and sequencing of the implementation and it may vary or change as we move forward in the process.

We will be coming around the district and the local networks early in 2017 to discuss the Action Plan and to share more details about the associated work program.

### Workforce Development Plan 2016-2019

Another project that has been developing in 2016 is our Workforce Development Plan which has now also been completed and which ties into the Stepped Care Model and Action Plan. This key document will guide us in developing the right mix of appropriate skilled workforce so as we can provide the services we need for our Stepped Care Model now and into the future.

## Our Biggest Challenge for 2017

Our biggest challenge in the new year is to become one united Mental Health and Addictions sector, working as one system in a coordinated, integrated way. If we work together with trust, respect and open communication between all we will provide a better service and get better results for our vulnerable people and their families and whanau.

I would like to close this newsletter by thanking you the wider sector for all your support and patience, we have worked hard to make progress in 2016 and I believe we are now well positioned to move forward in 2017.

A special thanks goes to the members of the Mental Health & Addiction Network for their efforts and input over this challenging year and to the Alliance South team that supports the Network. Your ongoing involvement is essential for the future of the Mental Health and Addictions sector.

Wishing you all the best for a great Christmas and a prosperous New Year.

You can find all of the previous newsletters, and minutes of the Mental Health and Addiction Network and project information on the Southern District Health Board website:

<http://www.southerndhb.govt.nz/pages/raisehope/>

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