



**Hāpai te Tūmanako**

# Raise HOPE



**ISSUE 14 - October 2016**

**Alliance South - Mental Health & Addiction Network**

**A regular update from the Alliance South Mental Health & Addiction Network regarding the implementation of Hāpai te Tūmanako - Raise HOPE Southern DHB Mental Health & Addiction Strategic Plan**

Stewart Island - Dunedin - Te Anau - Oamaru - Queenstown - Invercargill - Cromwell - Winton - Balclutha



## A word from the Chair

The year is flying by and we are in October already, the Network last met in September and I am pleased to report that we are now making some progress. We have had a busy time for the team, the draft Stepped Care Implementation Plan has been revised and should be released

next month. A supporting indicative business case for the implementation of Stepped Care over the next 4 years has also been prepared and has been submitted to the Alliance South Leadership Team.

We decided a couple of months ago to start the implementation of Stepped Care with two smaller locality based sites. Last month we had our first meetings with the sector in these two sites, the first one was to start to form the 'Clutha District Stepped Care Implementation Working Group,' and the second was in Invercargill for the 'Southland District Child, Youth & Family Stepped Care Implementation Group.' Both meetings were well attended and it was great to see the level of engagement and enthusiasm. We did a stocktake of services available in the area and looked at our strengths, opportunities, aspirations and results we want. We are meeting again with these groups this month and will form smaller working groups after these meetings, it is exciting to finally be starting to make some progress especially when you think the Hāpai te Tūmanako - Raise HOPE Strategic Plan went live in 2012.

### One Team

One of the key changes we need to make to successfully implement Raise HOPE and Stepped Care is a change of culture and a change in attitude. We have to unite as one sector, 'One Team,' we need to change our language and use the word 'We' when describing our sector. All of us who provide services and support people with mental health and addiction issues have to become One Team, One System, integrated, working together and respecting each other to get the best outcomes for everyone - let's become One Team.

### Technology

Technology is a growing part of all our lives and will be a key element in allowing us to work as one team. Last month saw the first major step towards access to shared information in the Southern district with the initial rollout of HealthOne (Shared Care Record View).

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HealthOne is a secure record which stores health information including GP records, prescribed medications and test results. It allows General Practitioners, Nurses, Pharmacists and authorised hospital employees to have shared access to health information stored in the system. HealthOne has the potential to dramatically improve how information is shared and used, how care is coordinated and managed and ultimately improve outcomes and benefits to the patient/consumer.

At the moment HealthOne is not available in the Southern District to clinicians and staff working in the NGO sector, however it is envisioned that this will be available at some stage in the future.

If you want to know more about HealthOne I suggest you have a look at <https://healthone.org.nz/home/faqs>

### Workforce Development Plan

The final draft of the Workforce Development Plan was reviewed by project sponsor Sandra Boardman last month. We're currently making some changes to the plan and hope to have it go live later this month - more information will follow. The plan will support the implementation of Stepped Care. It identifies a range of priorities and actions for the workforce at each step of the model. Workforce Development will be one of the key Stepped Care work-streams to implement the new model.

### Alliance South Workshops

In August and September Alliance South facilitated four workshops around the district with a diverse range of health professionals and organisations to discuss and further develop themes common to many of the Alliance South Networks. The four workshop topics were: standardisation of care; care closer to home; doing the right thing for people with complex needs; and redesigning our system. Planning is underway to progress a number of project ideas - a summary and update will be available next week - we'll be distributing this to you via our networks.

You can find all of the previous newsletters, and minutes of the Mental Health and Addiction Network and project information on the Southern District Health Board website:

<http://www.southerndhb.govt.nz/pages/raisehope/>

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