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WAITAKI MENTAL HEALTH & ADDICTIONS NETWORK

**Minutes of a meeting held at Waitaki Community Mental Health, Trent Street, Oamaru
on Wednesday December 7, 2016 @ 2pm**

PRESENT:

Helen Algar, Waitaki District Council
Michael Doran
Hazel Guyan, Consumer
Brian Lowe, Youthline Otago
Jackie Smart, ABLE Charitable Trust
Helen Jansen, Literacy North Otago
Kaye Mattingly, KMAT Consultancy Counsellor
Katrina Kelly, NO Budget Advice
Peggy Waite, SWIS Pembroke/Oceans Coordinator

Barbara Liffiton, Well South Primary Health
Philippa Cookson CAB
Alan Kerby, CAB
Sharon Lavery, Mirror HQ
Julia Sutherland, Counsellor /Art therapist
Christiana Skinner, Oamaru Hospital
Liz Cadogan, Southern Stop Smoking
Rodger Mangai, Public Health South

APOLOGIES:

Carron Cossens, Waitaki Postvention
Marian Shore, Waitaki Safer Community Trust
Jodi Ryan, Family Works
Viv Gamble, Age Concern
Claire Robertson, Practice Nurse
Brent Wallace, PACT
Roxy Bretton, Adventure Development
Katrina Crowder, Youth Services
Sandra FAMILTON

Sophie Carty, WellSouth
Sue Dawson, Healthcare NZ
Maria Erdody-Buldain, Postvention
Rick Arena
Jan Wingate, Miramare
Aveley Gameson
Ben Wood, Adventure Development
Frances Oakes, Waitaki CMHS
Paul Cullen

MINUTES OF THE LAST MEETING:

The minutes of the meeting held on November 2, 2016 were circulated by email. The minutes were accepted as a true and correct record of that meeting.

MATTERS ARISING:

- Raise Hope – Hazel gave a brief update
- Discussion re gap for people returning to town following re-hab. There is currently a gap in this space. To effect positive outcomes, needs must be addressed in the immediate to short term period on return home.
- Helen Jansen gave an update on the SKIP project
- Brian Lowe / Helen Algar described the youth media family violence co-design project
- New services: Anglican Family Care has taken over parents as first teachers (3 months pregnancy up to 5 years), an increase in service with 2 full time positions. The group expressed their gratitude and support for this service as we were facing a decline in service.

GENERAL BUSINESS:

Support / Advocacy for some people needing support at WINZ – discussion around the need for some people to be supported through the WINZ process i.e English as a second language

Engaging Pasifika: Christiana and Rodger attended a workshop in Dunedin “Engaging Pasifika” – there is potential to have a workshop here in 2017. The group is keen to follow this up next year.

Youth Services: Query re Waitaki access to youth services for brief intervention. Central and South Otago have funding for this but we don't which is impacting on youth being able to access services.

Action:

Write a letter to DHB and copy to PHO - Helen/Shirley

Youthline: Brian Lowe gave an update on activities and progress in the Waitaki District. Otago Community Trust have supported Youthline with funding to set up the hub in Oamaru.

Youthline is working in Palmerston to support the community.

Neuroscience: Safer Waitaki looking at a segway into neuroscience. Youthline have an excellent presentation which looks specifically at teenagers (11years to mid-20s). Planning to have workshops next year. Piers Heaney is working with Youthline to bring a grief and loss programme to Oamaru.

Resources

Sharon Lavery shared information / resources about FASD (Foetal Alcohol Spectrum Disorder)

Meeting closed 3pm, followed by a social get-together / afternoon tea.

NEXT MEETING: End of January, 2017