

WAITAKI MENTAL HEALTH & ADDICTIONS NETWORK

**Minutes of a meeting held at Waitaki Community Mental Health, Trent Street, Oamaru
on Wednesday November 2, 2016 @ 1pm**

PRESENT:

Helen Algar, Waitaki District Council
Judy Walker, SDHB
Barbara Liffiton, WellSouth Primary Health
Jackie Smart, ABLE Charitable Trust
Dugal Armour, MSSAT Oamaru
Kaye Mattingly, KMAT Consultancy Counsellor
Rodger Mangai, Public Health South
Verena Birchall, Public Health
Katrina Kelly, N.O Budget Services
Melanie Tavendale, Waitaki District Council

Marian Shore, Waitaki Safer Community Trust
Alan Kerby, Citizens Advice Bureau
Kate Mossman, Youthline Otago
Maria Erdody-Buldain, Postvention
Paul Cullen, Waitaki CMHS
Frances Oakes, Waitaki CMHS
Christiana Skinner, Oamaru Hospital
Lindsay Oakes, Public Health Nurse
Sharon Lavery, Mirror HQ
Michael Doran

APOLOGIES:

Carron Cossens, Waitaki Postvention
Roxy Bretton, Adventure Development
Patrice Harrex, ABLE Charitable Trust
Philippa Cookson, Citizens Advice Bureau
Sophie Carty, WellSouth
Denise Bondarenko

Jodi Ryan, Family Works
Brian Lowe, Youthline Otago
Ben Wood, Adventure Development
Lesley Henderson, Public Health Nurse
Rick Arena
Loi Lam

MINUTES OF THE LAST MEETING:

The minutes of the previous meeting held on September 21 were circulated by email. The minutes were accepted as a true and correct record of that meeting.

MATTERS ARISING:

- Methcon: Helen has had an approach from Adventure Development regarding Methcon presentation to schools. Helen will do due diligence to check this (could use other providers). *Helen to report back at the next meeting.*
- Industry Link meeting: Presentation by Barbara Hutchinson re Managing behaviour. Helen will ask permission to distribute Barbara's presentation to the group.
- The group expressed an interest in a presentation from Barbara to WMHA
- Youthline Otago – Kate Mossman thanked all those who attended the opening.

BUSINESS:

Enduring Power of Attorney (EPA or EPOA) – Christiana Skinner

- Nobody can legally make decisions over another person – not even a family member
- It is important to appoint someone as EPA while still capable (must be competent at time of doing so) – this needs to be properly (legally) set up
- There are two types of EPA: 1. Personal Care & Welfare 2. Property
- EPA for Personal Care & Welfare can only be activated (or invoked) when the person no longer has capacity to make decisions over their Personal Care & Welfare, and is usually only activated when the person requires placement into care (it is not about making decisions over the type of care required – that is Advance Care Planning, eg end of life care)
- EPA can only be activated by a medical practitioner, who has assessed the person's competency. The idea is the person is supported to make decisions for as long as they are able – not to have this right removed
- EPA for Property can take effect immediately (with the person's consent), or can stipulate that this is only activated when no longer competent
- There is currently no EPA register - this could be an issue, as people with dementia may have forgotten that they already had EPA in place, and may appear competent enough to their lawyer to appoint someone else
- It is important to note that any new EPA supersedes a previous one (person can change their mind and appoint someone else if they wish) – unless it has already been activated, and then it cannot be changed
- EPA is activated because the person lacks capacity at that time – this is likely to be long-term in the elderly and in cases of dementia, but if the person's mental state improves and they become well enough to make their own decisions again, then it can be revoked
- When there is no EPA in place, an application must be made to the family court if the person has lost capacity, and a medical expert report is required to support the application, and sometimes also a social worker report
- A family member (or if there is no family, someone like a social worker) can make the application for a Personal Order or for Welfare Guardianship

Other Considerations:

- Currently, family members have no "right" to make end of life decisions for the person – these can only be made by medical professionals
- Medical professionals will take into account patient wishes (therefore it is important to have a plan) but the final decision lies with them
- Cost of EPA is approximately \$300 to set up – you can go online to download the documents to do your own, but the papers still need to be signed in front of a legal professional

Raise Hope update: Judy Walker

Judy Walker gave an update to the group of where we are at with Raise Hope.

Stepped Care Implementation Plan – this was endorsed and will be signed off once the business case is accepted. It is unlikely we will hear about this before Christmas.

The workforce development plan still requires more scoping around actions. This will be done in the next few weeks and a revised plan will go to the network meeting in November.

Other projects:

- Judy is working on a business case for a revised model of care for the Lindsay Creek residential services (Dunedin). A copy of the 2016 Evaluation of the Lindsay Creek service is available on the Raise HOPE website.
- A community based rehabilitation model for adults with high and complex needs has been developed.

GENERAL:

- Directory of services – members asked to provide details
- Nettles Lamont attended the October Safer Waitaki Management meeting. She spoke about a wraparound programme in Christchurch for the most at risk intergenerational crime families. One person creates a relationship with the child of the family, this commitment is for at least 5 years. Services go through this person rather than all services going through the family. Families are identified by the police. Currently looking to gain funding to expand the service elsewhere – for Waitaki the hope is that it may expand this way for a pilot project (Waitaki has the networks here which would be of major benefit). Lots of interest from the network group.

- Sharon Lavery shared resources re Alcohol and Drug use for young people. Resources (free) are available online:
www.drughelp.org.nz (scroll down to the bottom of the page)
www.aodcollaborative.org.nz
- Michael Doran spoke about the need for support for recurring addicts in the community e.g Literacy North Otago courses are helpful. Melanie Tavendale raised the need for community awareness of networks and opportunities available. To be put on the agenda for next meeting (or when Helen Jansen is back)

ACTION POINTS:

1.	Invite Marita Bool to talk about the court process; look at hosting a wider community presentation	
2.	Look to bring Nettles Lamont back next year	
3.	Christiana to send further information re EPA	

Meeting closed at 2.15pm

NEXT MEETING: Wednesday December 7 @ 2pm. Pot Luck afternoon tea.