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WAITAKI MENTAL HEALTH & ADDICTIONS NETWORK

**Minutes of a meeting held at Waitaki Community Mental Health, Trent Street, Oamaru
on Wednesday 8 February 2017, 1 – 2.30pm.**

PRESENT:

Rick Arena, Otago Psychology
Jodi Ryan, Family Works
Jan Wingate, Miramare
Brian Lowe, Youthline Otago
Ofa Boyle, Fale Pasifika
John Macdonald, Chair NLG
Sally Facooory, MHAID SDHB
Peni Latavoau, Fale Pasifika
Rodger Mangai, Public Health South
Viv Gamble, Age Concern
Barb Liffiton, WellSouth
Loi Lam, MSD
Claire Robertson, Oamaru Doctors
Scott Blair, Adventure Development
Danielle, Youthline Otago
Carron Cossens, Postvention, St John, Waitaki Support
Katrina Kelly, North Otago Budget Services

Helen Algar, Waitaki District Council
Frances Oakes, WCMHS
Maryse Stanton, MHAID, SDHB
Kate Mossman, Youthline Otago
Marian Shore, Waitaki Safer Community Trust
Johnnie Potiki, MHAID SDHB
Brittani Beavis, Well South
Judy Walker, SDHB
Sharon Lavery, Mirror HQ
Julia Sutherland, Counsellor /Art therapist
Sophie Carty, WellSouth
Philippa Keaney
Bri Fogarty, Student Nurse, Oamaru Doctors
Hazel Guyan, Consumer Rep

APOLOGIES:

Lichelle Guyan, WDC
Marise Martin, Anglican Familycare
Katrina Crowder, Youth Services
Peggy Waite, SWIS/Oceans Coordinator
Denise Bondarenko

Paul Cullen, Waitaki CMHS
Lesley Henderson, Public Health Nurse
Maria Erdody-Buldain, Postvention
Dugal Armour, MSSAT, Oamaru

KARAKIA: Peni Latavoau

MINUTES OF THE LAST MEETING:

The minutes of the last meeting held on December 7, 2016 were circulated by email. The minutes were accepted as a true and correct record of that meeting.

PRESENTATION: Stepped Care Implementation Plan – John Macdonald.

John gave information about the process and the timeline. Judy emphasised that there is flexibility in the plan. Waitaki is on track for 2019.

Any changes i.e how inpatient services in Dunedin are configured will have an impact locally so some changes may occur.

Question re timeline - Clarity provided.

Thanks for the emphasis on peer support which is valued and we would like to see this trickle forward in Waitaki. \$87 million ring fenced for Mental Health – changes must occur within this ring fence. Discussion around funding - BIS to provide a service for moderate to severe needs without adequate funding being moved across from the DHB to increase the resources.

Health of older people: What will happen to older people within the services, particularly those who straddle dementia and general services?

Money does not come out of the ring fence budget so is out of scope. Health of Older People Directorate is responsible for health of older people.

Locally, Community Mental Health Services covers all age groups and don't differentiate based on age.

Referrals:

PSO have had no referrals this year.

Barb Liffiton is inundated with referrals. Discussion about the need / capacity for brief intervention and triaging.

Rick Arena – private practice is in a similar position with referrals and some clients are not resourced to pay.

WINZ subsidies could be more highly utilised by eligible clients.

EAP: Organisations have EAP services which could be accessed by employees, spouses, families

Fale Pasifika: Ofa Boyle and Peni Latavoau gave an update on Fale Pasifika services.

- Fale Pasifika is now a Whanau Ora service provider.
- There is also a worker to support pacific people to attend health appointments (WellSouth funded position).
- Fale Pasifika has a contract with MSD to work in a cultural perspective with family who have witnessed FV.
- Translation service – volunteer based, Fijian, Cook Island, Tongan, Samoan
- Mothers Group
- Youth work
- Community support and development
- Advocacy

Meeting closed at 2pm to allow for VCR conference

NEXT MEETING: Wednesday 22 March @1pm.