

# Dunedin Mental Health & Addictions Network

## MEETING MINUTES

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**DATE:** 26<sup>th</sup> January 2017

**CHAIR:** Louise Carr

**MINUTES:** Trudy Dent

**TIME:** 9:30am- 11.00am

**VENUE:** Pact, Filluel Street, Dunedin

### PRESENT:

Karen Goffee	Able
Johnnie Potiki	SDHB MHAID Service
Chris Munro	SDHB MHAID Service
Sally Facoor	SDHB MHAID Service
Maryse Stanton	SDHB MHAID Service
Claire van Loon Sim	Volunteering Otago
Jo Sinclair	Mosgiel FMHS
Kerry Hand	Miramare
Loi Lam	MSD
Judy Walker	SDHB Planning & Funding
Ray Leckie	The Appartment
Grant Cooper	Otago MH Support Trust

### APOLOGIES

John MacDonald	MH & Addictions Network
Deb Fraser	Mirror
Barb Long	CBCT
Amana Ellinor	Koputai Lodge
Roger Māngai	Public Health South
Lelia Barrett	
Mary-Ann McKibbin	
Richard Harris	

MINUTES OF LAST MEETING (25 <sup>th</sup> February)		ACTION(S)	RESPONSIBLE	BY WHEN
<ul style="list-style-type: none"> <li>Minutes Confirmed.</li> </ul>		None		
<b>1: MATTERS ARISING</b>				
		None identified		
<b>2. GENERAL BUSINESS</b>				
		<b>ACTION(S)</b>	<b>RESPONSIBLE</b>	<b>BY WHEN</b>
Grant Cooper	<p>RE: Ministry of Health Disability Action Plan: Current project regarding people's views of MH Act and people's rights.</p> <p>Public Forum: 13<sup>th</sup> February at Community House 1.00pm regarding Mental Health Act; Forum to promote discussion and the submission processes.</p> <p>NB: Submissions close: 24<sup>th</sup> February.</p> <p>Discussion: Few attendees at the meeting were aware of the above forum.</p>	Grant Cooper to request that the document/information is forwarded to the group	Richard Harris	
Ray Leckie	<p>Grant &amp; Ray have begun a discussion about planning for MH Awareness week for 2017.</p> <p>Possible idea: To build a shed and sell it during the MH Awareness week to raise funds for future events. Consider entering the 'Amazing Spaces Shed' competition;</p> <p>Planning Meeting: To be confirmed during the 1<sup>st</sup> week of February.</p> <p>Student Orientation Week: Information needs to be available/updated regarding the services available.</p> <p>Johnnie Potiki: Raised the following in response to the: Student/Youth culture [Orientation week discussion]. Identified the programme and current research related to managing AOD issues with young people in Iceland; has published research – good outcomes.</p>	<p>All: Forward ideas to Grant/Ray.</p> <p>Article and link to be forwarded to the group</p>	<p>Ray/Grant</p> <p>Johnnie</p>	
Johnnie Potiki	<p>Maori peoples experiences of using services: Groups will be meeting in Central and Southland.</p> <p>More information about the plan/scope of the meetings to be forwarded to the group</p>	Johnnie to forward information for distribution to the group.	Richard Harris	
Judy Walker	<p>Sandra Boardman: Has resigned – finishing at the end of February. No immediate plan regarding the position/role.</p> <p>Alliance Update: Raise Hope: Stepped Care Implementation Plan- to be released this week.</p> <p>Follow-up: Will include meeting/discussions with Locality Groups regarding the content/setting up of specific projects/timeframes. NB: The plan is a "Living Document" and some aspects may</p>	Judy Walker/Alliance Group	Richard Harris	

	<p>change. Workforce Development Plan: Also due for release within the next 2 weeks.</p> <p>Plan for developing an “Integrated Training Hub”- agenda item next meeting</p>	<p>Trudy to flag for the February Network meeting agenda</p>	<p>Barb</p>	
Lam Loi	<p>WINZ: National directive [Work Safe] regarding controlled access to WINZ. No rural offices anymore because of the security requirements. Security Guards have been provided with training but it can seem like a significant barrier for some.</p> <p>Online Platform: Completion of some processes seems to be working reasonably well.</p> <p>Cell Phones: People can apply for a grant to purchase a cell phone to enable online contact. Fund has to be repaid.</p> <p>Discussion: Some people are experiencing increased anxiety because of access limitations/security processes.</p>			
Kerry Hand	<p>Miramare is busy; not necessarily related to ‘new’ clients; mostly known people but with complex issues to work though including those related to physical health needs. Also referrals for people with Intellectual Disability – also with complex needs.</p> <p>Clutha Project: Planning group now reduced in size; No clarity regarding exact direction for the group; next meeting on the 1<sup>st</sup> February; expecting some outcomes from the work of this group by the end of March.</p> <p>Social Sector Trial: Completed and now managed by Community Trust? Outcomes not clear.</p> <p>Seminar 23<sup>rd</sup> February: Sponsored through ‘Strengthening Families’ &amp; arranged through MSD. Invite only.</p>	<p>Invite Lana McCarthy to provide an update on current progress</p>	<p>Barb</p>	
Jo Sinclair	<p>Mosgiel FMHS: Now fully staffed; experiencing an increase in referrals; noticeable increase in the level of complexity for some; noticeable increase in referrals for people with mental health issues as a consequence of serious physical health problems.</p> <p>Some referrals seem to be coming via ACC. Suggest arranging a speaker from ACC.</p> <p>Discussion: Gap re up-to-date directory of services; should be linked to the Stepped Care project</p> <p>SDHB: Have decided to use Health Connect South: Pathways project sits within this. Multiple health pathways are in development currently.</p> <p>NB: Eating disorders virtually completed – available to GPs in draft form currently.</p> <p>Corrections Contract: In reach/Outreach Family Work [mental health focus] – will be managed in conjunction with Canterbury; 5 positions to become available to provide this service; will be based in Milton.</p> <p>Former Refugees: WellSouth funding for 1 Clinical person and 1 Support Worker: Specific to this group. Further work yet to be completed/plan formulated</p>	<p>Invite speaker from ACC</p> <p>Judy to find out re ‘Health Point’</p>	<p>Jo to liaise with Barb to arrange this.</p> <p>Judy Walker.</p>	

Claire van Loon Sim	Volunteering Otago : New Manager. Graham Copson-started in November 2016. Joint projects occurring between Volunteering Otago/MSD [Larna McCarthy]. In general Volunteering Otgo is continuing to grow/develop.			
Maurice Stanton	Review of work plan related to Quality; 3 main projects. As follows: (1) Advance directives (2) Renovate the MH website: Some discussion as to where this information will be sited ie: SDHB website (or) Provider Arm SDHB MH services website/consistent with Future Directions in Southland (or) as an integrated website for range of services across sector. NB: Nelson/Marlborough have a useful example. (3) 9B Focus groups for consumer views [this point wasn't clarified].			
Annabel Millichamp	Ashburn seminar series to resume for 2017 on the 13 <sup>th</sup> February. Nurse Director: Monique Lammers has been appointed. Commencing mid-February.			
Chris Munro	Safe Practice Safe Communication(SPEC) Training: Focus of training for 2017 9B Project: Recommencing work on this project early February. Former Refugees: Meetings being held throughout NZ. 30th January in Dunedin; Focus to identify needs ie: complete a "Mapping Exercise". Knowing People Planning [KPP]: Data being updated. Collaborative Note Writing: Planning in place to develop a pilot project. Case Managing: Increased number of outreach clinics into the Primary/Community Health arena. Working well.			
Trudy Dent	No update this time.			
Louise Carr	PACT: Staff are experiencing increased level of stress.  Corrections Contract: PACT has the contract for the Lower North Island; involves collaborative approach between PACT and the DHBs.  Louise: Is attending a Leadership Exchange"	Louise to report back on Leadership Forum- next meeting? Agenda item-discuss with Barb	Louise/Barb	

**MEETING CLOSED:** 11.00am      **NEXT MEETING;** 0930-1030; Pact, Filleul Street, Dunedin