



Central Lakes Geographical Network Group

DATE: Thursday 3 November 2016

TIME: **10.30am**

VENUE: Video Conference – Clyde Hospital and Lakes District

CHAIR: Tina Simmonds BIS

MINUTES: Tina Simmonds BIS

PRESENT: John McDonald Chair – Alliance South MH&A Network
Tina Simmonds Team Leader, BIS, WellSouth
Alice Romano Able
Rebecca Conway PACT (replacement for Maura)
Julie Scurr Adventure Development
Ricky Carr UruUruwhenua and Jigsaw
Mark Gill NZ POLICE

APOLOGIES Marie Day, Richard Harris, , Paula Penno, Jane Hutton, Kelvin Perriman, Malcolm Creagh, Marie Roxburgh, Jo Harry

WELCOME AND INTRODUCTIONS					
<ul style="list-style-type: none"> Welcome Rebecca as a replacement to Maura Cullotty who is going on maternity leave. 					
INWARDS CORRESPONDENCE AND TABLED DOCUMENTS			ACTION(S)	RESPONSIBLE	BY WHEN
<ul style="list-style-type: none"> Nil 					
MINUTES OF THE LAST MEETING			ACTION(S)	RESPONSIBLE	BY WHEN
Sharing of other locality meeting minutes			These minutes are now available on the SDHB website – Raise Hope for all to view.	No further action	
<ul style="list-style-type: none"> Agreed as true and correct 					
1. BUSINESS			ACTION(S)	RESPONSIBLE	BY WHEN
1.1	Matters Arising	Consumer representative on this group – Community member still keen and looking at joining the group for first meeting in 2017.	Jo Harry is meeting with interested consumer	Jo Harry	Discuss at December meeting
	Mental Health of Children in Schools	Marie Roxburgh’s email was discussed. She raised the concerns that it has been identified by schools that there is an increase in young people experiencing anxiety. It has been discussed that one of the issues is the rapidly growing roles and parents working 2-3 jobs to just pay rent and survive. This was leading to parents experiencing stress and being time poor – which was impacting on children. As she identified there appears to be a gap in provision of child services in our primary schools around mental health.	Marie to talk to this further at the next meeting	Marie R	Next meeting
			Tina to invite public health nurses to attend the next meeting and discuss their experiences	Tina	Next meeting
1.2	Alliance South MH&A Network updates	<ul style="list-style-type: none"> Stepped Care Model Implementation Plan – This is unable to be released yet, hoping that this could occur by the next meeting. The plan is that there will then be a communication plan developed with the plan being taken out to localities groups most probably now in the New Year. We will need to consider possible audience at each locality. 	Nil required		

		<ul style="list-style-type: none"> - 2 development sites have been agreed on (Southland Child and Youth Services and Clutha adult services). Provider meetings have occurred already in these areas, and now they will send out for expressions of interest for these groups. - Website – database of services/organisations in communities – the business case has been put forward for this. Suppliers of services will be approached to provide an outline of what they provide – funded or not, and this will be updated ? twice a year. <p>Risk Stratification model – John gave an update on the work occurring with other alliances – long term conditions</p> <ul style="list-style-type: none"> - This is a brief intervention model, linked in with primary care and supporting people with more complex and long term problems. Currently people could be supported by care plus scheme 			
1.3	Project Planning	<p>Stocktake of providers and services in the Central Lakes district has occurred. Tina has agreed to put together a spreadsheet breaking into the 6 geographically areas within the Central Lakes district and we will work to identify what services are provided in each area. This will help to identify gaps within the district.</p> <p>Consider further work around mental health of children in schools</p> <p>RoadShow of services available in our communities – group discussed that often it has been identified that General practices and other community services are not aware of services or agencies in our communities. As John outlined with the use of a database/website this will be another avenue that practices can refer to.</p>	<p>Tina to put together spreadsheet and circulate</p> <p>Discuss further as part of next meeting</p> <p>Ongoing discussion</p>	<p>Tina & Group</p> <p>groups</p>	<p>Next meeting</p> <p>Next meeting</p>
1.4	Membership of this group	Discussed the membership of the group and further thought into whether we have a school principal, school counsellor, public health nurse, other social services – ie Family Works	<p>Tina to check with Richard about previous contact with school principal group, school counsellor etc</p> <p>Tina to approach local public health nurses to invite along to the next meeting to talk about their experience of working in our schools and concerns about anxiety</p>	Tina	Next meeting
1.5	Education session	CME sessions for GPs arranged for November. Focus on Child and Youth MH and Depression/Anxiety and medication management.	Nov 17 th .	Nil action	
1.6	Service/organizations update	Brief Intervention Services – the service is currently reviewing their current service delivery and changes will occur in regards to the prioritizing of those people presenting who met the need for NZ health priority groups which includes Maori, Pacific, Refugee, Community and High user cards. We will not be able to provide services to people not currently entitled to health services in NZ, with Queenstown/Wanaka being the biggest group.			

		<p>PACT – Rebecca is taking over from Maura who will go on maternity leave in the next month. She will work at the adult support worker</p> <p>JigSaw/Q Family Centre – business as usual. Issues and identified more work may be needed around youth and alcohol /drugs.</p> <p>Uruuruwhenua – noted increase in business. Has been increase in young people presenting with concerns regarding suicide - this group of people are being supported to attend their GP.</p> <p>Adventure Development – referral numbers are now quite steady in the Q Town area.</p> <p>Able – Alice updated that people now seem to be more aware of the recent name change. There has been a peak/increase in referrals . Housing continues to be an issue in Queentown area.</p> <p>Police – Mark Mental health issues is often the biggest call for services. Currently Meth is being around in Q Town. Continual growth in town – has been working with Ricky Carr and identified that there is a need for an uruuruwhenua service in Q Town. Alcohol the biggest driver. Often police are the first point of call – referral onto jigsaw. Growth in youth in the area, no real concerns with this group currently.</p>			
2. SUMMARY & CLOSING COMMENTS			ACTION(S)	RESPONSIBLE	BY WHEN
2.1		No closing comments			
Meeting Closed:					
Next meeting: 1 December via VC					

APPENDIX 1: CENTRAL LAKES STOCKTAKE OF PROVIDERS AND SERVICES

ADULT		
OUT AREA SERVICES	IN AREA	TRAVELLING INTO AREA
Respite Care Inpatient Services SDHB ALANON NGO residential support Bridge Programme	Central Lakes Community Mental Health Team Brief Intervention Service Primary Care PACT Able – activities and support workers Presbyterian Support Catholic Social Services Anglican Family Care Salvation Army Food Banks Uru uruwhenua Strengthening Families Jigsaw Queenstown Lakes Family Centre Private counselors Police Age Concern Compassionate Friends AA Victims Support Retirement homes/rest homes Living options Social media Health shuttles Happiness House Public Health South Plunket Health promotion Midwifery COHSL LDH Ranfurly hospital REAP	Ashburn Clinic Eating disorders – Ashburn clinic Private Psychiatrists Devon Healthcare Methodist Family Services Psychiatrist Care of the Elderly SDHB Psychiatrists Adult Services SDHB Gambling Anon Bridge/gambling

	ACC – Adventure South Needs Assessment and Co-ordination Charlotte Jean Dietician Services Community Alcohol and Drug Service SDHB Community Support Service Physical Support (stroke) Workbridge Accessibility – explore Adventure Development Life Matters Postvention	
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YOUTH		
OUT AREA SERVICES	IN AREA	TRAVELLING INTO AREA
Mirror Corstophine Baptist Trust Specialist youth inpatient services (CDHB) Respite Care 0800 self help lines Werry Centre Self help websites	Adventure Development PACT Brief Intervention Child Adolescent Family Mental Health Service SDHB Presbyterian Social Services Youth groups Able Queenstown Lakes Family Centre Jigsaw Public Health South CYFs Vulnerable families Uru uruwhenua Parenting groups Police Youth Aid Primary Care Work and Income Psychiatry in schools Social Workers in Schools Private Counsellors Needs Assessment and Co-ordination services Salvation Army Catholic Social Services REAP Strengthening families Panapa Youth Horizons Stand Health Services Midwives Sexual Health Clinics Workbridge	MSD follow services for school leaver Gateway